

# **MORNING MEDITATION**

## **Wednesday, Fourth Week of Easter**

**Forbearance is choosing not to retaliate when wronged.**

### **Acts 12:24-13:5**

The community of believers grew in number. Paul and Barnabas were accepted into the college of apostles and sent to proclaim the good news of Jesus. Reflect on your call, today, to spread the good news of Jesus.

**Pray that more men and women would dedicate themselves to spreading the word of Jesus.**

### **Psalm 67**

**May God have pity on us and bless us;  
May he let his face shine upon us.  
So may your way, be known upon earth;  
among all nations, your salvation.**

### **John 12:44-50**

Jesus made the claim that in him we encountered God.....to see him is to see God....in him we meet God and God meets us.....

**In Jesus, we come to know who God is and in him we come to know who we are.....**

Jesus proclaimed, "I have come to the world as its light....."

**Turn to Jesus for a clear vision of God, ourselves, this world, life, death and the world to come.....**

Jesus affirmed again, "I did not come to condemn the world but to save it....."

**Never condemn yourself or anyone else.....develop for yourself a positive, redeeming, saving attitude.....**

He also made it clear to his listeners that whatever he spoke was spoken as the Father had instructed him.....the word he spoke came from the Father!

**Jesus was and is the WORD of the Father.....take his word.... let his word become flesh in you today, here and now.**

## **Saint of the Day, April 24 - St. Fidelis of Sigmaringen and 10 other saints are remembered this day**

St. Fidelis was born Mark Roy or Rey in 1577 in Sigmaringen, a town in modern-day Germany. He studied law and philosophy at the University of Freiburg. Roy subsequently taught philosophy at this university, ultimately earning the degree of Doctor of Law. He practiced law as a counselor or advocate, at Colmar, in Alsace, France where he came to be known as the 'poor man's lawyer'. He scrupulously forbore all invectives, detractions, and whatever might affect the reputation of any adversary. Disenchanted with the evils associated with his profession, he was determined to join his brother George as a member of the Capuchin friars. Fidelis was his religious name. His wealth was divided between needy seminarians and the poor.

As a follower of Saint Francis of Assisi, Fidelis continued his devotion to the weak and needy. During a severe epidemic in a city where he was guardian of a friary, Fidelis cared for and cured many sick soldiers. If a poor man needed some clothing, Fidelis would often give the man the clothes right off his back. Complete generosity to others characterized this saint's life.

He was appointed head of a group of Capuchins sent to preach against the Calvinists and Zwinglians in Switzerland. Almost certain violence threatened. Those who observed the mission felt that success was more attributable to the prayer of Fidelis during the night than to his sermons and instructions.

He was accused of opposing the peasants' national aspirations for independence from Austria. While he was preaching at Seewis, to which he had gone against the advice of his friends, a gun was fired at him, but he escaped unharmed. A Protestant person offered to shelter Fidelis, but he declined, saying his life was in God's hands. On the way back, on April 24, 1622, he was killed by a group of armed men. Fidelis was canonized in 1746. Fifteen years later he was recognized as a martyr.

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