MORNING MEDITATION

Friday, Thirty-third Week in Ordinary Time

The less you respond to negative people,
the more peaceful and serene your life will become.

.

Revelation 10:8-11

In his vision, John was directed to take the scroll from the hand of the angel and eat it. John took it and ate it and it tasted sweet in the mouth, but sour in the stomach. This symbolized John's complete acceptance and assimilation of the content of the scroll. It is a wonderful (sweet) thing to accept God's revelation (word), but it may just be sour as it gets assimilated (in the stomach), as it gets hold of you because it could be very demanding on the one who accepts….

God's word calls forth change….it costs to accept God's word.

Psalm 119

In the way of your decrees I rejoice,
as much as in all the riches.
Yes, your decrees are my delight,
they are my counselors

Luke 19:45-48

Jesus cleanses the temple which had been turned into a marketplace. Place of worship had become place of abuse and exploitation, especially of the poor and the marginalized in the community. The house of God was being used to exploit the worshippers.

Jesus was moved with a passion for justice, honor, respect - for real worship, which means giving God God's worth and giving God's people their worth.

Reflect on being called to deeply respect and revere the temple of God – all that we know as the temple, the house of God; all that we know as God's dwelling place.

You are the temple of…….so is your brother and your sister…..respect, revere and honor yourself and your brother and your sister and that's a sure way of honoring God!

Saint of the Day, November 20 - St. Edmund Rich and 62 other saints are remembered this day.

Edmund Rich was born in Abingdon, England on November 30, 1180. He studied at Oxford, England, and in Paris, France. He taught art and mathematics at Oxford and was ordaineda priest. He spent eight years teaching theology and became a Canon and treasurer of Salisbury Cathedral. An eloquent speaker, Edmund preached a crusade for Pope Gregory IX and was named archbishop of Canterbury. He became an advisor to King Henry III and presided in 1237 at Henry's ratification of the Great Charter. When Cardinal Olt became a papal legate with the patronage of King Henry, Edmund protested. A long-lasting feud between Edmund, the king, and his legate led him to resigning his see in 1240. He went to Pontigny, France, where he became a Cistercian monk. He died at Soissons, on November 16, 1240 in Soisy-Bouy, France and was canonized in 1246 or 1247.

Fr. Gus Tharappel, msfs