



WELLSPRING

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Wellspring Community Outreach

Monday, October 19, 2026

Brothers and Sisters,

Once, a farmer lost a calf. He went searching for it following the path that the calf had made through the field, into the woods, into the jungle. His wife became worried since he had not returned in the evening. She sent her oldest son in search of the Father. He too followed the calf path and didn't return. The whole family went one after the other in anxious search - then the neighbors went and their neighbors. Soon, before anyone realized, "the calf path" became a highway.

This is how many habits are formed. This is how the paths of others become our own. This is how many prejudices are created and maintained. This is how many wrong paths are perpetuated! It doesn't have to be this way. We can choose to follow the good and noble paths of others and make them our own. We can be inspired and moved by the good habits and practices of others and make them our own.

Our Sacred Scriptures and our Spiritual traditions call us to choose between life or death, wisdom or foolishness, the way of peace or the way of war, the way of Grace or the way of sin and the way of God or the way of the world. St. Paul challenged the Ephesians to choose God's way and follow the path of love (Ephesians 5:1-21).

Choosing "God's Way" frees us to be what God made us to be and wants us to be. Jesus challenges us to make difficult choices, make the difficult journey, walk the path of trials, face testing times, enter through the narrow door..... (Luke 13:22-30). The way to the kingdom is not easy, but it is just the right way, the way made to fit our needs! We must make difficult choices and see that the choices we make are consistent with our Christian commitments and be faithful to the choices we make. The choice is ours.

We are now facing difficult and yet important choices regarding the path we must follow in response to the war, the violence in our streets, tension between nations and political parties, and the mid-term elections. Many paths are open before us: the path of the politicians, the

political parties, the liberals, the conservatives, the social activists, the Church, our spiritual traditions, the majority, the minority and our own conscience. What will our choice be?

I encourage you to take a few moments each day of this week to prayerfully reflect on the choice you wish to make and see how your choice reflects your commitment to Christ.

**Be sure to take a few still moments during the week.
Bless yourself with stillness!**

Be Still Moment - Allow yourself to be still for a moment

When we are still before God, we experience life-transforming healing and wholeness that only God can provide.

Salesian Moment – A moment with St. Francis de Sales

Love one another as Jesus Christ has loved us not because of any merit that may be found in us, but only because He created us in His image and likeness. It is this image and likeness that we ought to love and honor in all, not anything else that may be there.

Always remember those who serve.....

In the days when an ice cream sundae cost much less, a 10-year-old boy entered a hotel coffee shop and sat at a table. A waitress put a glass of water in front of him. "How much is an ice cream sundae?" he asked. "Fifty cents," replied the waitress. The little boy pulled his hand out of his pocket and studied the coins in it. "Well, how much is a plain dish of ice cream?" he inquired. By now more people were waiting for a table and the waitress was growing impatient. "Thirty-five cents," she brusquely replied. The little boy again counted his coins. "I'll have the plain ice cream," he said. The waitress brought the ice cream, put the bill on the table and walked away. The boy finished the ice cream, paid the cashier and left.

When the waitress came back, she began to cry as she wiped down the table. There, placed neatly beside the empty dish, were two nickels and five pennies. You see he couldn't have the sundae, because he had to have enough left to leave her a tip.

Be grateful to those who serve you!

Did you Know?

Eucharistic Prayer.....Most Catholics tend to assume that the center and climax of the Mass, the Eucharistic liturgy, is Holy Communion. According to the General Instruction of the Roman Missal, the Eucharistic Prayer is the "center and high point" of the Mass (GIRM, 78). It is from

this prayer that we get the name “Eucharist” for “Mass”. Eucharist means “thanksgiving” and as the term implies, it is something that we do. Eucharist is a way of life, a way of living and acting. It is what we, as disciples of Jesus, do: “give thanks”.

Since the time of the Second Vatican Council, we went from one Eucharistic Prayer: The Roman Canon (now called Eucharistic Prayer I) to a total of ten. There are now Eucharistic Prayers I, II, III, and IV; Eucharistic Prayers for Reconciliation I and II (added in the Jubilee Year of 1975); Eucharistic Prayers I, II and III for Masses with Children and finally, the Eucharistic Prayer for Masses for Various Needs and Occasions. Priests tend to choose the Eucharistic Prayer based on the occasion. In the revised translation of The Roman Missal, there are some changes to the text of the Eucharistic Prayer, but not to what is done.

No dues to God.....



A prosperous farmer was not generous in what he gave to his Church. So, his pastor went to visit him with the hope of getting him to increase his donation. The pastor pointed out to him that the Lord had given him a fertile piece of land and had blessed him with sunshine and rain so that his crops would grow. The priest added, “You know, this farm and everything you have is really on loan to you from God. You should be more grateful.”

The farmer replied, “I don’t mean to complain, Father, but you should have seen what a mess this place was when God was running it by Himself!”

Pope Leo XIV

We can look and walk by, or we can look and be moved with compassion. There is a kind of seeing that is superficial, distracted and hasty, a way of seeing while pretending not to see... Then too, there is seeing with the eyes of the heart, looking more closely, empathizing with the other. (Monday, October 5, 2026)

I invite you to welcome this holy bond with Mary, a mother full of affection and understanding, and to cultivate it in particular by praying the Rosary. That way, in every situation of our life, we will experience that we are never alone, for as children we are always loved, forgiven and encouraged by God. (Wednesday, October 7, 2026)

Prayer teaches us how to act. In prayer, our limited human possibilities are joined to the infinite possibilities of God. (Thursday, October 8, 2026)

Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about. (Saturday, October 10, 2026)

Today more than ever, especially when statistics seem to indicate a divide between people and the Church, keep the door open! Let people in and be prepared to go out. (Sunday, October 11, 2026)

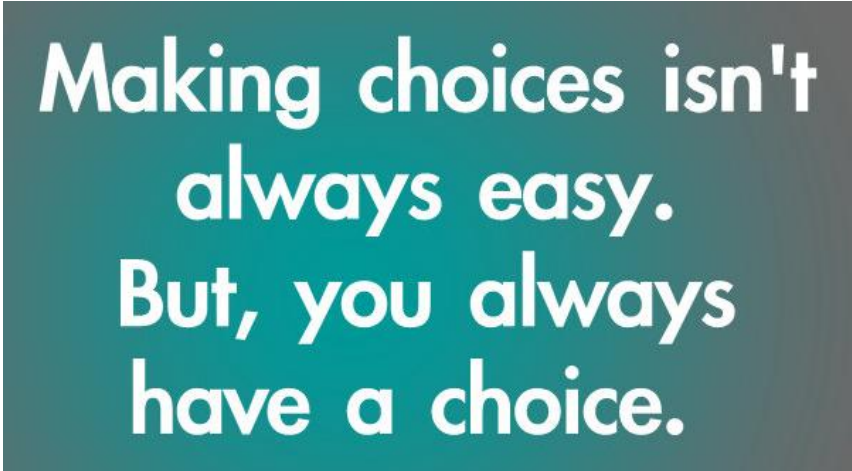
Pray for each other.....

Let us stay close to each other in spirit and prayer as we continue our journey through life with all its joyful moments as well as moments not so joyful. Be faithful to your calling! All you do may not be successful in your eyes or in the eyes of others. The real success lies in your fidelity to who you are and what you have come to know as your calling. Just be faithful and be joyful!

God bless you and your families,

Fr. Gus Tharappel, msfs

**Life presents many choices.
The choice you make shapes your future.**



**Making choices isn't
always easy.
But, you always
have a choice.**