



WELLSPRING

Fransalian Center for Spirituality

16828 FM 2964, P.O. Box 440, Whitehouse, Texas 75791

Phone: 903-839-1280

Email: frgusmsfs@gmail.com

Wellspring Community Outreach

Monday, June 1, 2026

Brothers and Sisters,

A week ago, we celebrated the feast of Pentecost and yesterday we celebrated the feast of the Most Holy Trinity. Thoughts of peace and harmony, and other similar virtues surface and linger as we celebrate these great feasts of our spiritual tradition. As we know, both feasts are about unity, harmony, love, and peace. These are also thoughts that linger in our hearts during these troublesome, unsettling, and uncertain times. It is important for us to pay attention to these thoughts, meditate on them and do the best we can to nurture them within us and around us.

In Hebrew, the word for Peace is "Shalom" which means everything that constitutes the highest good of man, the total well-being of man. Peacemakers or shalom keepers are those who make the world a little better place to live in, those who lift others a little more and those who lift the world a little further on. "Die when I may, I would like it to be said of me that I always pulled up a weed and planted a flower where I thought a flower would grow." (Abraham Lincoln)

There are people whose presence generates tension, conflict, bitterness, strife - they make others uncomfortable. Every community, Church and society seems to have them. There are also people in whose presence bitterness cannot survive, people who can heal the wounds and sweeten the bitterness. Such people live godly lives and become channels and agents of peace and harmony wherever they may be.

Peacefulness is the quality of our inner being, a state of being in harmony with all, an attitude that brings us into communion with God and others. During these political and social unrest, let us strive to be peaceful. If you find yourself in a situation where there are no peaceful persons, strive to be a peaceful person and if you find yourself in a situation where there are no peacemakers, strive to be a peacemaker.

**Some people bring peace when they come,
and others bring peace when they leave.**

Make your choice!

More to come...

**Be sure to take a few still moments during the week.
Bless yourself with stillness!**

Be Still Moment - Allow yourself to be still for a moment

Be still! Quiet your mind! Calm your spirit! See the beauty of the world and the treasures it holds for you.

Salesian Moment – A moment with St. Francis de Sales

Live wholly according to the Spirit, live quietly in peace, have perfect confidence that God will help you.

Carry your candle.....

A rich man had three sons. In his old age, he decided to hand over his inheritance to the wisest of his sons instead of sharing with all. So, to choose the wisest among them, he conducted a simple test. He called the three sons, and gave each of them \$1,000.00 and told them, "I want each of you to take this money and buy whatever you want and fill the storeroom behind our house. The one who fills it the most, would be the winner of this test and the worthy inheritor of my property."

The first son went and purchased firewood for that amount and filled half of the storeroom. The second son went and bought hay and filled 70% of the storeroom. The youngest son went to the nearby convenient store and bought a candle and a matchbox. How could anyone fill a room with a candle and a matchbox!!!

The second son was sure that he would inherit his father's wealth since he had filled 70% of the storeroom. The youngest son called his father and the two brothers and went to the storeroom. The storeroom was all dark and quiet. The youngest son stepped inside and lit the candle with the match. Sure enough, the storeroom now was filled with light! Needless to say, who the winner was!

**Carry your candle, run to the darkness.
Seek out the hopeless, confused and torn.
Hold out your candle for all to see.
Take your candle and go light your world!**

Congratulations.....



At an event famous for giving out awards in bizarre categories, the MC enthusiastically announces, “The next prize will go to the laziest person in the audience. If you think you qualify, raise your hand.”

Everyone raises their hands except a middle-aged man who seems to show little interest. “Congratulations! You are the winner,” says the MC to the man. “Your prize is this \$100 bill!”

Still showing no emotion, the man replies, “Would you mind coming over here and putting it in my pocket?”

Did you Know?

The Gospel Writer who was also an artist

St. Luke the Evangelist lived a fascinating life. His incredibly detailed Gospel is also the longest, taking up an entire quarter of the New Testament! It is believed that St. Luke also wrote the Acts of the Apostles.

We know that St. Luke was a doctor as well as an evangelist, because St. Paul described him as a physician (Colossians 4:14). He appears to also have been a capable historian, recording careful details about the many people and places visited by Jesus and His Apostles.

Many biblical scholars study this Gospel to understand the historical context of Jesus and first-century Judaism. Ancient Christian tradition says that St. Luke was an artist who painted the first icons. The oldest painted images of Jesus and Mary are attributed to St. Luke, including Our Lady of Vladimir, Our Lady of Czestochowa, Salus Populi Romani, and Our Lady of Perpetual Help.

The Virgin of Vladimir



Our Lady of Perpetual Help



Pope Leo XIV.....

May God guide world leaders towards a just and lasting peace

Pope Leo renews his appeal for peace, praying that God guide world leaders towards a just and lasting peace. On Saturday evening, at the Lourdes Grotto in the Vatican Gardens, Pope Leo XIV led the Rosary and invoked the intercession of the Blessed Virgin Mary, asking her to obtain “the gift of peace” that only the Lord can give. Joining him were around 2,000 people in the Vatican, while a further 100,000 faithful took part remotely from 200 Marian shrines around the world.

Today, on the final day of May, the Pope returned to the theme of peace during the Angelus in St Peter’s Square, where more than 20,000 people had gathered. Once again, he appealed for prayers for peace.

“Throughout the month of May, the whole Church has raised a united prayer for peace. Through the Rosary in particular, like an unbroken chain, the faithful have entrusted to the Virgin Mary’s intercession those peoples devastated by war. May divine Wisdom enlighten the consciences of those who hold authority and guide their decisions towards the sincere pursuit of a just and lasting peace.”

Pray for each other.....

Let us stay close to each other in spirit and prayer as we continue our journey through life with all its joyful moments as well as moments not so joyful. Be faithful to your calling! All you do may not be successful in your eyes or in the eyes of others. The real success lies in your fidelity to who you are and what you have come to know as your calling. Just be faithful and be joyful!

God bless you and your families,

Fr. Gus Tharappel, msfs

**“There is so much bad in the best of us
and so much good in the worst of us
that it ill becomes any of us to find fault with the rest of us”
(Francis Bacon)**