

MORNING MEDITATION

Tuesday, Fifth Week of Lent

Being still and doing nothing are two completely and radically different things. Being still is one of the most difficult things that you can do.

Numbers 21:4-9

Tired, hungry, thirsty and impatient, the Israelites complained against God and Moses. They became sick with bitterness and suffered and some of them died. Moses turned to God and prayed for forgiveness and God had compassion on them and healed them.

Psalm 102

**O Lord, hear my prayer and let my cry come to you.
Hide not your face from me in the days of my distress.**

John 8:21-30

Jesus spoke about going away and they did not understand. Jesus said that the reason for their lack of understanding is because they follow the way of the world and think as the world thinks. They are not open to the Spirit of God.

Jesus said that they would die in their sins because they are not open to the revelations of the spirit. Jesus also said that they would realize what they missed when he is gone and will search for him and not find him.

God sends us many opportunities to know him and understand his wisdom. It is up to us to remain open and welcome the opportunities that God sends. Missed opportunities may never return.

Time waits for no one. Treasure every moment you have. You will treasure it even more when you can share it with someone special. Now is the moment of Grace. Treasure every moment you have.

Jesus again made bold statements, difficult for the listeners to grasp. He said that he always did what was pleasing to his Father. It is to do the will of the Father that he came, and he remained obedient to that will. We are called to follow the way of Jesus, the way of faithfulness and obedience.

Reflect on how you have been doing what was pleasing to the heavenly Father.... how you have been obedient to the will of the Father as revealed in Jesus.

Saint of the Day, March 24 -) St. Oscar Arnulfo Romero and 15 other saints are remembered this day.

Oscar Romero was born in El Salvador on August 15, 1917 and became Archbishop of San Salvador. He was a source of strength and hope for the poor and for the oppressed of his country, working with and for them, taking their struggles as his own. Romero wrote and spoke passionately and publicly of the need for Christians to work for justice, frequently faced with threat and danger from those who opposed his ideas.

On March 24, 1980, while celebrating the Eucharist, Archbishop Romero was shot and killed at the altar by a death squad assassin, paying the highest price for the commitment about which he spoke so often and so eloquently. Because of his courageous stand for justice, he became a martyr not only for poor Salvadorians but for all struggling to overcome oppression and poverty. The example of Romero's courageous life and death continue to inspire those who struggle for human dignity and justice. He was canonized on October 14, 2018

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