

MORNING MEDITATION

Wednesday, Tenth Week in Ordinary Time

Nature is the best medicine for serenity and peace.

1 Kings 18:20-39

Elijah appealed to the people to follow God and God's ways. He claimed to be the only surviving Prophet of the Lord while there were four hundred and fifty prophets of Baal. He repaired the Altar of the Lord, built an Altar using twelve stones representing the number of the tribes, offered holocaust on the Altar and did many extraordinary things and proved to the people that he was indeed the prophet of the Lord.

God makes you adequate for the mission that God gives you! Be humble and Be grateful and Be faithful!

Psalm 16

**You will show me the path to life,
fullness of joy in your presence,
the delights at your hand forever.**

Mathew 5:17-19

To the strict orthodox Jew, religion and serving God were matters of keeping thousands of rules and regulations and they were matters of life and death. These were the rules that Jesus broke and when He spoke about fulfilling the law, He was not speaking about them.

Jesus came to bring out the meaning of the Law, to fulfill it, to achieve its purpose.

The real principle behind the law, the true meaning, which Jesus came to fulfill, can be described in one word: "RESPECT" or "REVERENCE". Reverence for God, God's name, God's day, parents, life, property, personality, truth, another's good name, self - all of them are principles of reverence for God and for self, for others and for creation. It is this reverence that Jesus came to fulfill - to show us in actual life what reverence for God and His creation is like. This is what religion is all about - this is what true worship is all about.... Honor God and all that is of God and from God!

Jesus declared that greatness in the kingdom belongs to those who are faithful to this law of God.

Saint of the Day, June 10 - St. Getulius and 22 other saints are remembered this day

According to his legend, Getulius was a native of Gabii in Sabina. According to tradition, Getulius was the husband of Saint Symphorosa. Getulius is a name meaning "of the Gaetuli", which was a tribe of North Africa. He was an officer in the Roman army who resigned when he became a Christian. He retired to his estates near Tivoli, Italy. There he converted Caerealis, an imperial legate sent to arrest him. Primitivus was another officer sent to arrest him, but he was also converted. With his brother Amantius and with Caerealis and Primitivus, Getulius was tortured and martyred at Tivoli June 10, 120. According to tradition, all four men were tied to a stake and set alight. However, the fire did not harm them, so they were brutally clubbed and then beheaded. The legend further states that Saint Symphorosa buried them in an arenarium on her estate.

According to their legend, each of the seven sons of Saint Getulius and Saint Symphorosa suffered a different kind of martyrdom. Crescens was pierced through the throat, Julian through the breast, Nemesius through the heart, Primitivus was wounded at the navel, Justinus was pierced through the back, Stracteus was wounded at the side, and Eugenius was cleft in two parts from top to bottom.

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