



WELLSPRING

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Wellspring Community Outreach

Monday, September 21, 2026

Brothers and Sisters,

One day, Charlie Brown went to Lucy for a nickel's worth of psychiatric help. She proceeded to pinpoint his particular fear. "Perhaps," she said, "you have hypengyophobia," (the fear of responsibility). Charlie Brown replied, "No." "Well, perhaps you have ailurophobia," (the fear of cats). "No." "Well, maybe you have climacophobia," (the fear of climbing). "No." Exasperated, Lucy said, "Well, maybe you have pantophobia," (the fear of everything). "Yes," said Charlie, "that's the one!"

There are many who feel afraid of everything, tossed by storms of fear. They are afraid of themselves, people, the future, the past, life, death and so on. Today, most of us are afraid of the war, political and racial tensions, violence in the streets, economic uncertainties, election fevers, cyclones, hurricanes, etc. There seems to be no limit to our fears.

Once, Peter and the other disciples found themselves in a boat that was being violently tossed and buffeted by the strong winds and dangerous waves of a frightening storm. After hours of attempting in vain against strong headwinds to reach the far shore, suddenly they saw Jesus walking towards them on the waters. They thought they were seeing a ghost which only doubled the fear they were already experiencing from the dangerous storm. Jesus reassured them, saying, "Take heart; it is I; have no fear."

Peter immediately took heart and bade the Lord to let him come to him on the waters. As long as he kept his eyes focused on Jesus, Peter walked on those troubled waters. But as soon as he took stock of the violent storm all about him, he began to drown, crying out: "Lord, save me." He had failed in his trust in Jesus, but Jesus would never fail Peter. Jesus reached out to grab hold of his friend's outstretched hand and brought him safely into the boat. The winds ceased and the waters immediately became calm. Jesus then chided his well-meaning friend for his imperfect trust in him: "O man of little faith, why did you doubt?"

Our faith also is imperfect like that of Peter. But Jesus told us, "if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move.

Nothing will be impossible for you.” (Mathew 17:20). Like Peter, we are to go to Jesus, even across the dangerous waters of an angry sea, no matter how storm-tossed our lives may at times be and as they certainly are during this lingering and stubborn war and all other sources of fear lurking around, as mentioned above.

Jesus is there in the troubled waters with us. If we but believe and trust in him, he will see us safely to the other shore. And even if, like Peter, our trust in Him at times wavers and our faith fails, Jesus will grab hold of our outstretched hand and lift us up to safety once again if we but reach out to him. Jesus will always be our port, no matter how troubled the waters or how rough the journey that leads us there.

Peter knew that the Lord would sustain him. Even in the midst of the storm, when there is nothing but uncertainty, He is with us in the storm and He will take care of us. But I want you to know that faith is a risk-taking enterprise. We must take that risk of planting the seed of faith, the tiny mustard seed, and let it grow and become our strength during our difficult moments.

Let us be inspired by the example of Peter, taking the risk of walking on troubled waters with an imperfect faith, trusting the word of his master. Let us also remember the many who are afraid and be a source of support for them. Take a moment to reflect on what you may do to help someone that you know is afraid. Send a prayer and a blessing to those who are afraid!

**Be sure to take a few still moments during the week.
Bless yourself with stillness!**

Be Still Moment - Allow yourself to be still for a moment

“Dismiss all anxiety from your minds. Present your needs to God in every form of prayer and in petitions full of gratitude.” (Philippians 4:6)

Salesian Moment – A moment with St. Francis de Sales

God takes pleasure to see you take your little steps. He will hold your hand and accommodate His steps to yours and will be content to go no faster than you.

The Law of the Garbage Truck.....

One day I hopped into a taxi, and we took off for the airport. We were driving in the right lane when suddenly a black car jumped out of a parking space right in front of us. My taxi driver slammed on his brakes, skidded, and missed the other car by just inches! The driver of the other car whipped his head around and started yelling at us.

My taxi driver just smiled and waved at the guy. And I mean, he was really friendly. So, I asked, 'Why did you just do that? This guy almost ruined your car and sent us to the hospital!' This is when my taxi driver taught me what I now call, "The Law of the Garbage Truck". He explained that many people are like garbage trucks. They run around full of garbage, full of frustration, full of anger, and full of disappointment. As their garbage piles up, they need a place to dump it and sometimes they'll dump it on you.

Don't take it personally. Just smile, wave, wish them well, and move on. Don't take their garbage and spread it to other people at work, at home, or on the streets. The bottom line is that successful people do not let garbage trucks take over their day. Life's too short to wake up in the morning with regrets. So ... Love the people who treat you right. Pray for the ones who don't. Life is ten percent what you make of it and ninety percent how you take it! (Anon)

Oh, My God.....



At a women's gathering, a few of them started talking about their sons. One of them said "my son is a priest. When he walks into a room, people stand up and call him "Father." Another said, "My son is a bishop, they call him your excellency." Still another said, "My son is a cardinal. They call him your eminence." Then, the next one said, "My son is 6'2" tall and 400 pounds. When he walks in, they stand up and say, "Oh, My God."

Did you Know?

Collect

The collect is a short general prayer of a particular structure used in Christian Liturgy. The word comes from Latin *collecta*, the term used in Rome in the 5th and the 10th centuries. The Latin word *collecta* meant the gathering of the people together and may have been applied to this prayer as it was said before the procession to the church in which Mass was celebrated. It may also have been used to mean a prayer that collected into one the prayers of the individual members of the congregation.

In the 1970s English translation of the Roman Missal, the word *collecta* was rendered as "Opening Prayer". This was a misnomer, since the collect ends, rather than opens, the introductory rites of the Mass.

Pope Leo XIV

"On the Cross, trust prevailed; so did love, which sees what is yet to come; and forgiveness triumphed. Mary was there, united with her Son. In our day, we are like Mary whenever we do not flee, whenever we make Jesus' 'yes' our own." (Tuesday, September 15, 2026)

"It is imperative to cultivate hearts that love the truth, prefer what is right despite the most appealing content and pursue wisdom rather than immediate results." (Wednesday, September 16, 2026)

"Serve with joy, especially the most forgotten, for that is where the suffering face of Jesus is found. (Friday, September 18, 2026)

"Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about." (Saturday, September 19, 2026)

Pray for each other.....

Let us stay close to each other in spirit and prayer as we continue our journey through life with all its joyful moments as well as moments not so joyful. Be faithful to your calling! All you do may not be successful in your eyes or in the eyes of others. The real success lies in your fidelity to who you are and what you have come to know as your calling. Just be faithful and be joyful!

God bless you and your families,

Fr. Gus Tharappel, msfs

**Tomorrow is God's gift not yet unwrapped!
Be grateful for the one that is already unwrapped!**

*When asked whether my cup
is half-filled or half-empty,
I thank God I have a cup.*