

MORNING MEDITATION

Monday, Seventeenth Week in Ordinary Time

Tomorrow is a new day. You shall begin it well and serenely.

(Ralph Waldo Emerson)

Jeremiah 13:1-11

This excerpt gives us a vivid description of Jeremiah's vision of the loincloth. The people of God were to cling to Yahweh just as the loincloth clings to a man's body, but they did not. They have abandoned the ways of God. Just as the loincloth rotted and became good for nothing when it wasn't serving its purpose, God's people became stubborn and disobedient away from God and God's purpose.

Be faithful and stay close to the Lord and his ways.

Deuteronomy 32: 18-21

**You were unmindful of the rock that begot you.
You forgot the God who gave you birth.
When the Lord saw this, he was filled with loathing
And anger toward his sons and daughters.**

Mathew 13:31-35

In this Gospel passage, we read about a tiny mustard seed which when planted sprouts and grows into a shrub, yields more seeds and becomes a shelter for the birds of the air...

Be content with small beginnings. Great things happen from small beginnings.....

Let your life grow and become fruitful....it has the power within in it to become fruitful! Give your life a chance...tenderly care for it...nurture it...be patient...let the Lord make it fruitful in his time.....Let the birds of the air find shelter, a home...be approachable, be available, be hospitable, be welcoming and non-threatening...let people find you safe to be with...

We also read about little yeast in the flour which has the power to change, transform the whole dough and give it a chance to be bread for others.....

Be open to change....be strong, only the strong can change.....be transformed by the Grace poured into heart by the Holy Spirit.....Trust in the power of God's grace to transform you....

Saint of the Day, July 27 - Saint Pantaleon and 18 other saints are remembered this day.

Pantaleon was born around the year 275. He was the son of a rich pagan, Eustorgius of Nicomedia, and had been instructed in Christianity by his Christian mother, Saint Eubula. After the death of his mother, Pantaleon left the church, studied medicine, and became physician to the emperor. Saint Hermolaus convinced him that Christ was the better physician, that faith was to be trusted over medical advice and Pantaleon returned to his faith in the Church.

By miraculously healing a blind man by invoking the name of Jesus over him, Pantaleon converted his father, upon whose death he came into possession of a large fortune. He freed his slaves and, distributing his wealth among the poor, developed a great reputation in Nicomedia. Envious colleagues denounced him to the emperor during the Diocletian persecution. The emperor wished to save him and sought to persuade him to apostasy. Pantaleon, however, openly confessed his faith, and as proof that Christ was the true God, he healed a paralytic. Notwithstanding this, he was condemned to death by the emperor, who regarded the miracle as an exhibition of magic. He was martyred in the year 305.

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