

WELLSPRING

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Wellspring Community Outreach

Monday, November 2, 2026

Brothers and Sisters,

An Anthropologist proposed a game to the African tribal Children. He placed a basket of candy under a tree and made the children stand 300 feet away. Then he announced that whoever reaches the basket first would get all the candy in the basket. When he said "get, set, ready, go", guess what these children did……

The children held each other's hands, ran together towards the tree, picked up the basket, divided the candy equally among themselves, ate and enjoyed the candy. They ran together, they had fun and they enjoyed the candy.

When the anthropologist asked them why they did so, they answered, "Ubuntu", which meant, "How can one be happy when the others are sad?"

"Ubuntu" in Shona language means, "I am because we are." It expresses the idea that being a person involves being part of a web of relationships. We are interdependent beings. As Thomas Merton says, "No man is an Island." We are called to shape our future together. As St. Paul says to the Corinthians, "Together we live and together we die" (2 Corinthians 7:3). We need to be together to face the manifold challenges of our world.

We are now in the midst of cultural, political, racial as well as religious conflicts and tensions. Our unity as a nation is disrupted and threatened as well. It is urgent that we recognize our need to be together as one nation. We must strive to not only appreciate others for what they are but also live in a way that they can appreciate us as well. Let us strive to bring that sense of "Ubuntu", "I am because we are" into all our relationships. Let us learn to appreciate and accept cultural, political, racial as well as religious diversities and allow diversities to be our strength. Diversity makes us beautiful and respect for diversity makes us strong.

Tomorrow is election day. Let us pray for each other and for all that we will seek the wisdom of God in making our choices of leaders. We need "ubuntu" and lots of it, during these election days. May God bless us with peace and harmony, especially during these election days.

I encourage you to take a few moments each day this week to pray for respect for all people, unity in diversity, and a peaceful resolution to the electoral process.

God bless you and your family and keep you safe in His Love.

Be sure to take a few still moments during the week.
Bless yourself with stillness!

Be Still Moment - Allow yourself to be still for a moment

Movement is good for the body. Silence is good for the mind. Solitude is good for the spirit. And stillness is good for the whole being.

Salesian Moment – A moment with St. Francis de Sales

When you have done wrong, rebuke your heart gently and calmly with more compassion for it than passion against it and encourage it to make amendment.

Everyone Has a Story in Life……

A 24-year-old man, looking out through the train's window shouted, "Dad, look the trees are running back!"

Dad smiled and a young couple sitting nearby, looked at the 24-year old's childish behavior with pity. Suddenly he again exclaimed…

"Dad, look the clouds are running with us!"

The couple couldn't resist and said to the old man, "Why don't you take your son to a good doctor?"

The old man smiled and said, "I did, and we are just coming from the hospital, my son was blind from birth, he just got his eyes today."

Every person on the planet has a story. Don't judge people before you truly know them. The truth might surprise you.

Did you Know?

Structure of the Eucharistic Prayers: Though there are ten different Eucharistic Prayers, they follow a certain structure, as outlined in the General Instruction:

1. Thanksgiving (as expressed in the Preface which we looked at last week) in which we give praise and thanks to God for our salvation.

2. Acclamation (the Sanctus or “Holy Holy”)

3. Epiclesis: invoking the Holy Spirit to consecrate the gifts offered by human hands to become the Body and Blood of Christ.

4. Institution Narrative & Consecration: following the words and actions of Christ, “This is my body” and “This is my blood.”

5. Anamnesis (Memorial Acclamation) in which we acclaim Christ’s death and resurrection and look forward to his coming in glory.

6. Offering: “The Church’s intention, however, is that the faithful not only offer this spotless Victim but also learn to offer themselves and so day by day to be consummated, through Christ the Mediator, into unity with God and with each other, so that at last God may be all in all.”

7. Intercessions: petitions offered for the entire Church – Our Pope and Bishop, and the living and the dead.

8. Final Doxology: in which we give glory to God through Christ, with him and in him, and this glorification is confirmed with our resounding “Amen.”

She knows now….



A mother ran into the bedroom when she heard her seven-year-old son scream. She found his two-year-old sister pulling his hair. She gently released the little girl’s grip and said comfortingly to the boy, “There, there. She didn’t mean it. She doesn’t know that it hurts.”

He nodded his acknowledgement, and she left the room. As she started down the hall the little girl screamed. Rushing back in, she asked, “What happened?” The little boy replied, “She knows now.”

Pope Leo XIV

"A vocation, therefore, is not an immediate possession — something 'given' once and for all. The gift we have received must not only be protected but also nourished by a daily relationship with God in order to grow and bear fruit." (Saturday, October 24, 2026)

"In the double commandment, we recognize the primacy of love for God and its direct consequences for every dimension of human love and relationship. Although the object of this love differs... they remain fundamentally inseparable. (Sunday, October 25, 2026)

"True witnesses are humble and inwardly free, above all from themselves, that is, from the pretense of being the center of attention... True witness is recognizing and pointing to Jesus when he appears, as he is the only one who saves us." (Saturday, October 31, 2026)

"At first glance, it seems impossible to declare as blessed those who are poor, or those who hunger and thirst for justice, the persecuted or the peacemakers. Yet, that which seems inconceivable in the world's thinking is filled with meaning and light when brought into contact with the Kingdom of God." (Sunday, November 1, 2026)

Pray for each other……

Let us stay close to each other in spirit and prayer as we continue our journey through life with all its joyful moments as well as moments not so joyful. Be faithful to your calling! All you do may not be successful in your eyes or in the eyes of others. The real success lies in your fidelity to who you are and what you have come to know as your calling. Just be faithful and be joyful!

God bless you and your families,

Fr. Gus Tharappel, msfs

You cannot control the behavior of others,
but you can always choose how you respond to it.

