

MORNING MEDITATION

Monday, Tenth Week in Ordinary Time

Forbearance is giving a person time to recognize and correct his/her mistakes.

1 Kings 17:1-6

Elijah followed the Lord's direction and went to live east of the Jordan and escaped a severe famine. The Lord provided him with food and drink.

Trust in the Lord. He will provide.

Psalm 121

**I lift my eyes toward the mountain;
whence shall help come to me?
My help is from the Lord,
who made heaven and earth.....**

Mathew 5:1-12

In this excerpt, Mathew gives us the essence of Christ's message, the "Beatitudes". "Blessed" is a special word in Greek which describes the joy that has its secret within itself, the joy/bliss which is serene, self-contained - the joy which shines through pain, sorrow, loss, grief, disappointment, etc.

Jesus articulated for his followers certain attitudes which they must cultivate if they are to live as kingdom people....certain disposition toward themselves and the world around them. We have come to know them and love them as the "Beatitudes". We are called to cultivate these attitudes.....they are to shape our character....

The Beatitudes are for people who have their hearts set on the reign of God. They are not doctrines.....not policies of a Church.....not rules legislated by an authority.....they are for those who want to live noble lives, for those who want their lives to be a blessing for themselves and for the world around them.....they are for kingdom people and we are a kingdom people.....

The Beatitudes tell us that the Reign of God is already in our midst if and when we bless the world with living lives transformed with the beatitudes.....Noble people must have noble attitudes.... God's people must have godly attitudes...

Saint of the day, June 10 – St. Getulius and 22 other saints are remembered this day

According to his legend, Getulius was a native of Gabii in Sabina. According to tradition, Getulius was the husband of Saint Symphorosa. Getulius is a name meaning "of the Gaetuli", which was a tribe of North Africa. He was an officer in the Roman army who resigned when he became a Christian. He retired to his estates near Tivoli, Italy. There he converted Caerealis, an imperial legate sent to arrest him. Primitivus was another officer sent to arrest him, but he was also converted. With his brother Amantius and with Caerealis and Primitivus, Getulius was tortured and martyred at Tivoli June 10, 120. According to tradition, all four men were tied to a stake and set alight. However, the fire did not harm them, so they were brutally clubbed and then beheaded. The legend further states that Saint Symphorosa buried them in an arenarium on her estate.

According to their legend, each of the seven sons of Saint Getulius and Saint Symphorosa suffered a different kind of martyrdom. Crescens was pierced through the throat, Julian through the breast, Nemesius through the heart, Primitivus was wounded at the navel, Justinus was pierced through the back, Stracteus was wounded at the side, and Eugenius was cleft in two parts from top to bottom.

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