

MORNING MEDITATION

Monday of Holy Week

Be still! Organize your time according to what is important in your life!.

Isaiah 42:1-7

The servant is raised up to proclaim justice, a time of deliverance. Isaiah describes this servant as having the finest qualities of Israel and her great leaders: noble, gentle and wise. **Learn to be noble, gentle and wise!**

Psalm 27

**I believe that I shall see the goodness of the Lord in the land of the living.
Wait for the Lord with courage; be stouthearted and wait for the Lord.**

John 12:1-11

Jesus attended a banquet in the home of Lazarus in Bethany. Martha served. How wonderful! Martha is at it again. She is a serving disciple. She expressed her love the way she knew best - serving and serving in the kitchen, not on a public platform or in a career lived in the eyes of men. **Service without notice...just with simple, profound, pure love! Be a serving disciple but serve with love!**

Mary was different. Her love didn't calculate the cost. She took the precious thing she had and spent it on Jesus - love's extravagance! **Love gives all there is to give...**

It was an honor to anoint someone's head. Mary anointed the feet of Jesus. She wasn't seeking honor. She just loved and served the best way she knew. She humbled herself in service and in care. **Serve without seeking to be honored...**

"The house was filled with the fragrance of the ointment". What else? Martha's service and Mary's anointing - the house had to be filled with the fragrance of love...**Love has its own fragrance and it has a way of transforming the air!**

Judas couldn't appreciate such love. He saw "extravagant waste" and nothing more. Hearts that are full of greed and jealousy and bitterness and such slings and arrows can not see and appreciate love and all love's expressions.

Learn to appreciate the simple and the profound signs and expressions of love all around you.

Saint of the Day, March 30 - St. Peter Regalado and 14 other saints are remembered this day

Peter Regalado was born of wealthy and devout parents at Valladolid in Spain in 1390. He lost his father at an early age. At the age of 13, he was allowed to enter the Conventual Franciscans. Shortly after his ordination, he was made superior of the friary in Aguilar. He became part of a group of friars who wanted to lead a life of greater poverty and penance. In 1442, he was appointed head of all the Spanish Franciscans in his reform group.

Peter led the friars by his example. A special love of the poor and the sick characterized Peter. Miraculous stories are told about his charity to the poor. For example, the bread never seemed to run out as long as Peter had hungry people to feed. Throughout most of his life, Peter went hungry; he lived only on bread and water. Immediately after his death on March 31, 1456, his grave became a place of pilgrimage. Peter was canonized in 1746.

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