

## **MORNING MEDITATION**

### **Saturday, Fourth Week of Easter**

**The Holy Spirit fills us with the fruit of forbearance to help us be calm in moments of anger and ill temper.**

#### **Acts 13:44-52**

Paul was rejected by some of the Jews of Antioch. He began to turn to the Gentiles who welcomed the new faith. Paul and Barnabas were expelled from the territory. Rejected by his own people, with great courage, he continued his missionary journey while telling them that, by their ejection, they proved themselves unworthy of everlasting life.

**Learn to live lives worthy of everlasting life.**

#### **Psalm 98**

**Sing to the Lord a new song, for he has done wondrous deeds;  
His right hand has won victory for him, his holy arm....  
Sing joyfully to the Lord, all you lands; break into song; sing praise.**

#### **John 14:7-14**

“Whoever has seen me has seen the Father.....I am in the Father and the Father is in me.....the man who has faith in me will do the works I do and even greater than these.....because it is the father who lives in me accomplishing his works.....”

Jesus said that the things he said and the things he did, did not come from himself, his own initiative or his own power or his own knowledge, but from God. His word was God’s word, his work was God’s work, his power was God’s power, his life was God’s life.....God came through in all he was and in all he said and in all he did.....

**In Jesus we meet God...God’s message, God’s mind, God’s heart..... And in us, today, the world must meet all that is from God and of God.....**

**Jesus said that the disciples would do what he did and even greater. We, the disciples of today must continue the mission of Jesus.**

**We must trust the promise of Jesus that it is God, the Father, doing His work in us...speaking His word through us.....working out His plan through us.....**

**Saint of the Day, April 27 - St. Zita of Lucca and 17 other saints are remembered this day.**

Zita was born into a poor family in Tuscany in the village of Monsagrati around the year 1212. At the age of 12, she became a servant in the Fatinelli household. For a long time, she was unjustly despised, overburdened, reviled, and often beaten by her employers and fellow servants for her hard work and obvious goodness. The constant abuse was powerless to deprive her of her inward peace, her love of those who wronged her, and her respect for her employers. By this meek and humble self-restraint, Zita at last succeeded in overcoming the malice of her fellow-servants and her employers, so much so that she was placed in charge of all the affairs of the house. Her faith had enabled her to persevere against their abuse, and her constant piety gradually moved the family to a religious awakening.

Zita considered her work as an employment assigned to her by God, and as part of her penance, and obeyed her master and mistress in all things as being placed over her by God. She always rose several hours before the rest of the family to pray and to attend mass every morning with great devotion before beginning the work of the day. Throughout her life, Zita found a source of strength and consolation in the Mass and Holy Communion, which frequently moved her to tears. Despite her many responsibilities, she frequently set aside time to recall God's presence through contemplative prayer. After foretelling her own death and spiritually preparing for it, Saint Zita died in Lucca on April 27, 1271.

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